

Con il Patrocino



WOMEN *in* IBD

2^a EDIZIONE



Roma
8-9 Maggio
2026

Hotel St. Martin
Via S. Martino della Battaglia, 58

RESPONSABILI SCIENTIFICI:

Dott.ssa Federica Furfaro

*Università Vita-Salute, San Raffaele
UO Gastroenterologia e Endoscopia Digestiva, IRCCS San Raffaele
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WOMEN in IBD

12:15 Welcome Lunch & Networking
Federica Furfaro, Daniela Pugliese

13:20 **SESSION I**
CHALLENGE THE PARADIGMS - Unlearning what we thought we knew
Chairs: Mariabeatrice Principi, Maria Cappello

13:20 **Alessia Todeschini**
*Case: A 29-year-old woman in long-term clinical remission on 5ASA with endoscopic activity.
Topic: The Myth of the “Stable” Patient: When Clinical Remission Isn’t Enough*

13:40 **Cristina Bezzio**
*Case: A young CD male patient escalated to biologics based on calprotectin alone
Topic: Do Guidelines Reflect Real Life? Are We Really Using a T2T Approach?*

14:00 **Linda Ceccarelli**
*Case: A flare in a patient with “normal” CRP and faecal calprotectin
Topic: When Biomarkers Don’t Help: The Limits of Surrogate Markers*

14:20 **Silvia Mazzuoli**
*Case: An elderly patient eligible for escalation but a suboptimal therapy is preferred
Topic: Therapeutic Inertia: Clinical Barrier or Systemic Failure?*

14:40 **Live Panel Discussion**
Are We Overtreating or Undertreating IBD? Differences Between UC and CD?

15:15 **LECTURE:**
Chair: Federica Furfaro
Inspirational Lecture **Fabiana Castiglione**
LECTURE:
The Evolution of IBD Care and Caregiving: From Adolescence to Old Age

15:40 **Coffee Break**

16:00 **SESSION II**
NEXT-GEN DECISIONS - IBD Treatment in 2030
Chairs: Roberta Pica, Emma Calabrese

16:00 **Carla Felice**
*Case: CD patient classified as B2 without obstructive symptoms
Topic: Customizing Treatment Beyond Phenotype: From Risk Models to Multi-Omics*

- 16:20 **Fabiana Zingone**
Case: Multi-refractory CD, not suitable for trials or surgery
Topic: Treatment Cycling? Combination Therapy? Other?
- 16:40 **Annalisa Aratari**
Case: 17-year-old girl asks for a treatment plan preserving fertility
Topic: Biologics vs Small Molecules: Safety, Simplicity, and Strategy
- 17:00 **Anna Testa**
Case: A physician with Crohn's designs predictive dashboard
Topic: AI and Predictive Models in Clinical Practice
- 17:20 *DISCUSSION:*
 Audience Q&A

17:40 SPONSOR LECTURE
 Shaping the future of IBD care: the right drug at the right time
Olga Nardone
Chair: Fabiana Castiglione

18:00 SPONSOR LECTURE
 Long-term efficacy and safety of Mirikizumab in IBD
Sara Onali
Chair: Cristina Bezzio

18:20 End of Day 1

09:00 **SESSION III**
BEYOND THE GUT - IBD Is Not Only Intestinal
Chairs: Rachele Ciccocioppo, Sara Renna

09:00 **Federica Furfaro**
Case: Pregnant woman with IBD in 2nd trimester, perianal symptoms
Topic: Pregnancy and IBD: Shared Decisions, Shared Risks

09:20 **Angela Bertani**
Case: Patient with persistent fatigue and anxiety despite endoscopic healing
Topic: IBD and Mental Health: Why It Still Isn't Routine

09:40 **Sara Onali**
Case: Patient with IBD, obesity, type 2 diabetes
Topic: Comorbidities in IBD: Prioritizing in Complexity

10:00 Audience Q&A - Holistic IBD Care: What Are We Still Missing?

10:30 **Coffee Break**

10:50 *LECTURE*
Chair: Daniela Pugliese
 Inspirational Lecture **Anna Kohn**
 Leadership, Burnout and Balance in Medicine
 Not Just Gender: Driving Excellence in IBD Through Diversity

11:20 **SESSION IV**
DISRUPTIVE SCIENCE - From Bench to Bedside
Chairs: Luisa Guidi, Livia Biancone

11:20 **Lucrezia Laterza**
Case: Patient undergoing repeated FMT for UC
Topic: Microbiome Engineering: Trend or Treatment?

11:40 **Brigida Barberio**
Case: 38-year-old woman with active CD and renal cancer
Topic: Oncologist's Patient or Ours? Balancing Need and Safety

12:00 **Olga Nardone**
Case: 42-year-old woman with liver transplant, UC and dysplasia
Topic: Prevention, Surveillance and Surgery

- 12:10 **Laura Cantoro**
Case: New model for risk stratification in CD
Topic: Rethinking Disease Severity: What Truly Drives Therapeutic Decisions?
- 12:30 *OPEN DISCUSSION*
 Innovation Without Application Is Just Hype
- 12:40 **Enrica Previtali**
 Living Beyond the Guidelines: A Patient Perspective on IBD Care
- 12:45 **SESSION V**
VOICES AND VISIONS: Women Who Transform IBD
- 12:45 *Discussants:* **Fabiana Castiglione, Anna Kohn, Laura Melotti, Marta Venero**
- Roundtable & Open Floor:
 Building research teams, funding clinical ideas, advocacy,
 3-minute pitches
- 13:15 Closing Remarks & Call to Action - This Is Not the End...
- 13:30 SPONSOR LECTURE
 Risankizumab: nuove prospettive terapeutiche in UC e CD
Lucrezia Laterza
Chair: Livia Biancone
- 13:50 End of Day 2 e consegna questionari E.C.M.

ACCREDITAMENTO E.C.M.

Il Corso di formazione n. 478545 è stato accreditato per 100 partecipanti, ha ottenuto n. 8 crediti formativi E.C.M. per le seguenti professioni e discipline:

- **BIOLOGO** • **PSICOLOGO** (Psicoterapia; Psicologia) • **MEDICO CHIRURGO** (Allergologia e Immunologia Clinica; Gastroenterologia; Medicina Interna; Pediatria; Reumatologia; Chirurgia Generale; Anatomia Patologica; Medicina Generale)
- **FARMACISTA** (Farmacista di altro settore; Farmacista Pubblico del SSN; Farmacista Territoriale) • **DIETISTA** • **INFERMIERE**

Oltre tale numero e per professioni e discipline differenti da quelle accreditate non sarà possibile rilasciare i crediti formativi.

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